

**Do you have a favorite family recipe, never ever forget it again, make it a focal point in your kitchen!**

**LIFE IS DELICIOUS...**

A balanced diet is a cookie in each hand  
A messy kitchen is a happy kitchen and this kitchen is delirious  
Bless this mess  
Broken cookies don't have calories  
come often, stay long, live well, love much, laugh often  
Enter as friends - Leave as family  
Friends are the most important ingredient in the recipe of life.  
I can resist anything except temptation  
If we are what we eat then I'm fast, cheap and easy  
If you want breakfast in bed, sleep in the kitchen  
I've been on a diet now for two weeks, and all I've lost is two weeks  
My next house will have no kitchen - just vending machines  
Never trust a skinny cook  
Nothing says lovin' like fresh pie from the oven.  
Real men wear aprons  
Spice a dish with love and it pleases every palate  
This kitchen is closed due to illness, I'm sick of cooking



**Kiss  
the  
COOK**

## *Gramma's Strawberry Jam*

### *Ingredients:*

*1 1/2 kg Strawberries  
4 cups Sugar  
1 tsp citric acid  
1 pinch Love*

- ◆ *remove the stalks and wash the strawberries.*
- ◆ *put the fruit in a heavy pan and stir till it boils,*
  - ◆ *mash, and add sugar and lemon juice.*
  - ◆ *stir until sugar is dissolved.*
  - ◆ *remove the scum.*
  - ◆ *boil rapidly till it sets when tested.*
  - ◆ *cool, pour into clean and dry jars.*
  - ◆ *seal with wax and close the lid tightly.*

*Bon Appétit*



*The Idea Foundry*  
WALL ART COMPANY

[www.theideafoundry.ca](http://www.theideafoundry.ca)  
Kitchen